



Little Swans Winter Menu *November 2023 – April 2024*

Week One

Monday: Tuna pasta bake
Pudding: Chocolate log and warm custard
Tea: Tomato Soup and wholemeal/white bread slices

Tuesday: Roast chicken dinner with new potatoes, broccoli, carrots, cauliflower, Yorkshire pudding and gravy
Pudding: Jam Tart with whipped cream
Tea: Fruit loaf with melted butter

Wednesday: Vegetable Korma with mushrooms and fluffy white rice
Pudding: Strawberry Jelly
Tea: Jacket Potato and cheese

Thursday: Sausage casserole with mashed Potatoes, cooked green beans and sweetcorn
Pudding: Peaches and vanilla yoghurt
Tea: Crumpets and cheese spread

Friday: Vegetable Stir Fry with rice noodles
Pudding: Strawberry Whip
Tea: Fish finger sandwiches on wholemeal or white bread

Halal and vegetarian alternatives included in all our menus



Week Two

Monday: Vegetable pasta in chopped tomatoes with peppers, mushrooms and onions
Pudding: Jam Swiss roll and creamy custard
Tea Spaghetti Hoops on toast

Tuesday: Chicken Nuggets, Potato wedges, peas and sweetcorn and ketchup
Pudding: Creamy rice pudding and raisins
Tea Banana sandwiches made with white or wholemeal bread

Wednesday: Jacket Potato with cheese, baked beans and a side salad
Pudding: Vanilla Yoghurt and Sultanas
Tea Vegetable soup and white or wholemeal bread

Thursday: Chicken and vegetable pie with mashed potatoes
Pudding: Strawberry whip
Tea Cheddar cheese sandwiches with sliced tomato on wholemeal or white bread

Friday: Cauliflower and potato curry with boiled rice
Pudding: Raspberry Jelly
Tea Ham sandwiches on wholemeal or white bread

Halal and vegetarian alternatives included in all our menus



Week Three

Monday: Simple spaghetti Bolognese with penne pasta in a tomato sauce

Pudding: Chocolate Swiss roll and creamy custard

Tea Jacket Potato and beans

Tuesday: Vegetable Biryani with a soft tortilla wrap

Pudding: Fruit Salad

Tea Sausage sandwich with white or wholemeal bread

Wednesday: Cottage pie and baked beans

Pudding: Nectarines and natural yoghurt

Tea Spaghetti hoops on a buttery crumpet

Thursday: Easy Fish Pie with cheese sauce, peas, sweetcorn and mashed potato topping

Pudding: Bananas and custard

Tea Cheesy crackers with cucumber sticks

Friday: Tangy chilli con carne with potato wedges

Pudding: Creamy whipped delight

Tea Scones with strawberry jam and butter

- All meals are served with fresh
- All fruit desserts are in natural juices or light syrup

The running order of meals may change without prior notice



Little Swans Breakfast

Breakfast - Children choose from:

Weetabix
Cornflakes
Rice Crispies
Multigrain's (oats, wheat, corn)
Wheaties

Babies 12 – 15 MTHS:

Weetabix
Porridge Oats
Multigrain's (oats, wheat, corn)
Wheaties

Above are all served with toasted brown bread / wholemeal or white.

Children have a choice of milk or water to drink

Mid-morning and afternoon snacks

AM: An assortment of fresh fruit which includes Apples, oranges, pears and bananas

PM: A choice of dried snacks such as breadsticks, crackers and plain biscuit

All snacks are served with water or cow's milk



Little Swans Day Nursery

Winter Menu

November 2023 – April 2024

** All meals are served with fresh water

The running order of meals may change without prior notice