



Little Swans Summer Menu May 2020 – April 2021

Week One

Halal and vegetarian included in all our menus

The running order of meals may change without prior notice

Monday: Tuna Pasta Bake

pudding: Honey sponge cake with warm custard

Tea: Cheese crackers with cucumber

Tuesday: Cottage Pie with mixed vegetables

pudding: Vanilla Ice Cream with wafer and Strawberry sauce

Tea: Ham Sandwiches/Quorn meat

Wednesday: Chicken Korma with mushrooms, white fluffy rice, peas and sweetcorn

pudding: Strawberry mousse

Tea: Fruit bread with melted butter

Thursday: Toad in the hole, potatoes in skins with peas, sweetcorn and homemade onion gravy

pudding: Fruit cocktail with a natural yoghurt dip

Tea: Crumpets and cheese spread

Friday: Vegetable stir fry in herb and vegetable stock with rice noodles

pudding: Berried fruit trifle with a dream topping

Tea: Pitta bread with a choice of hummus or onion dip and cucumber, celery and celery sticks



Week Two

Halal and vegetarian included in all our menus

The running order of meals may change without prior notice

Monday: Chicken nuggets, sweetcorn and carrots, potato letters and a squeeze of tomato ketchup

pudding: Bananas and custard

Tea: A selection of different jam sandwiches with a choice of white or wholemeal bread

Tuesday: Fluffy Jacket potatoes with cheese, beans and coleslaw and a slice of garlic bread

pudding: Strawberry Jelly

Tea: Chicken meat sandwiches with sweet peppers

Wednesday: Tangy Chilli con carne with fluffy white rice

pudding: Homemade strawberry tarts with squirty cream

Tea: A choice of tuna, chicken and salmon sandwiches with tomatoes sandwiches

Thursday: Vegetable Biryani with Nann bread

pudding: Peaches and Evaporated milk

Tea: Cheese and tomatoes pizza with pepperoni

Friday: Vegetable Fajitas in a tangy sauce with tortilla wraps and nachos

pudding: White chocolate rice crispy cake

Tea: Banana sandwiches



Week Three

Halal and vegetarian included in all our menus

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Monday: Vegetable Pasta Bake
Pudding: Eton mess with ice cream
Tea: Fresh scones with Jam and Cream

Tuesday: Chicken roast dinner with potatoes in skins, mixed vegetables and a chicken gravy
Pudding: Warm rice pudding with dried fruit
Tea: Cheese sandwiches

Wednesday: Sausage and Bean casserole with creamy mash
Pudding: Victoria strawberry sponge with warm custard
Tea: Super savoury rice

Thursday: Simple spaghetti bolognese in a tomato and mushroom sauce
Pudding: Homemade chocolate chip cake with a swirl of dream topping
Tea: Honey pancakes with honey and banana

Friday: Sweet and sour chicken with wholemeal brown rice and prawn crackers
Pudding: Chocolate and banana whip
Tea: Tomato soup with bread



Little Swans Breakfast

Breakfast - Children choose from:

Weetabix
Cornflakes
Rice Crispies
Multigrain's (oats, wheat, corn)
Wheaties

Babies 12 – 15 MTHS:

Weetabix
Porridge Oats
Multigrain's (oats, wheat, corn)
Wheaties

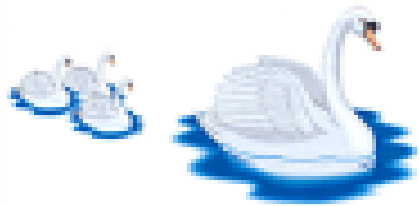
**Above are all served with toasted brown bread / wholemeal or white.
Children have a choice of milk or water to drink**

Mid-morning and afternoon snacks

AM: An assortment of fresh fruit which includes: Apples, oranges, pears and bananas.

PM: An assortment of dried fruit / breadstick and savoury biscuit which includes: Raisins, sultanas and currants

All snacks are served with water or cow's milk



Little Swans Day Nursery

Summer Menu 2020

** All meals are served with fresh water

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