



Little Swans Summer Menu May 2021 to April 2022

Week One

Halal and vegetarian included in all our menus

The running order of meals may change without prior notice

Monday: Tuna Pasta Bake

pudding: Honey sponge cake with warm custard

Tea: Cheese crackers with cucumber

Tuesday: Cottage Pie with mixed vegetables

pudding: Strawberry Ice Cream with wafer

Tea: Ham Sandwiches/Quorn meat

Wednesday: Chicken Korma with mushrooms, white fluffy rice, peas and sweetcorn

pudding: Strawberry mousse

Tea: Fruit bread with melted butter

Thursday: Toad in the hole, potatoes in skins with peas, sweetcorn and homemade onion gravy

pudding: Fruit cocktail with a natural yoghurt dip

Tea: Crumpets and cheese spread

Friday: Vegetable stir fry in herb and vegetable stock with rice noodles

pudding: Berried fruit trifle with a dream topping

Tea: Pitta bread with a choice of hummus or onion dip and cucumber and celery sticks



Week Two

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Monday: Fluffy Jacket potatoes with cheese/ cheesy beans and cucumber

Pudding: Strawberry Jelly

Tea: Chicken and sweetcorn meat sandwiches

Tuesday: Tangy Chilli Con Carne with fluffy white rice

Pudding: Orange and sultana milk pudding

Tea: A choice of tuna, chicken and salmon sandwiches

Wednesday: Chicken nuggets , sweetcorn and carrots, potato wedges and a squeeze of tomato ketchup

Pudding: Bananas and custard

Tea: A selection of different jam sandwiches with a choice of white or wholemeal bread

Thursday: Vegetable Biryani with fluffy white rice

Pudding: Peaches and Evaporated milk

Tea: Cheese and tomatoes pizza

Friday: Vegetable Fajitas in a tangy sauce with tortilla wraps

Pudding: No bake chocolate pudding treat

Tea: Banana sandwiches



Week Three

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Monday: Vegetable Pasta Bake
Pudding: Fruit Berries with Vanilla ice cream
Tea: Fresh scones with Jam and Natural Yoghurt

Tuesday: Chicken roast dinner with potatoes in skins, mixed vegetables and a chicken gravy
Pudding: Warm rice pudding with dried fruit or Jam
Tea: Cheese sandwiches

Wednesday: Simple spaghetti bolognese in a tomato and mushroom sauce
Pudding: Jam tart with custard
Tea: Honey pancakes with honey and banana

Thursday: Sausage and Bean casserole with creamy mash
Pudding: Chocolate log sponge with warm custard
Tea: Super savoury rice

Friday: Sweet and sour chicken with wholemeal brown rice
Pudding: Chocolate and banana whip
Tea: Tomato soup with bread



Little Swans Breakfast

Breakfast - Children choose from:

Weetabix
Cornflakes
Rice Crispies
Multigrain's (oats, wheat, corn)
Wheaties

Babies 12 – 15 MTHS:

Weetabix
Porridge Oats
Multigrain's (oats, wheat, corn)
Wheaties

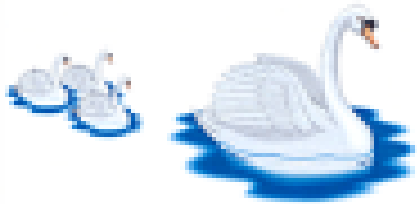
**Above are all served with toasted brown bread / wholemeal or white.
Children have a choice of milk or water to drink**

Mid-morning and afternoon snacks

AM: An assortment of fresh fruit which includes: Apples, oranges, pears and bananas.

PM: An assortment of dried fruit / breadstick and savoury biscuit which includes: Raisins, sultanas and currants

All snacks are served with water or cow's milk



Little Swans Day Nursery

Summer Menu 2021

** All meals are served with fresh water

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A decorative border of red apples surrounds the text. The border is composed of 20 apples on each side, forming a rectangular frame. The apples are arranged in a single row on each side, with a small stem and leaf visible on each.

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